

QUESTIONS FOR ADDITIONAL STUDY

1. Describe the last time you were anxious about something. How did you respond to that anxiety? Did you pray about it? Did you commit the situation to the Lord? What was the outcome?

2. What are the most common causes for anxiety in our culture today?

3. Read the following verses and note what the Bible says about the Anxiety:
 - a) Proverbs 3:5-6
 - b) Proverbs 12:25
 - c) Isaiah 41:10-13
 - d) Jeremiah 29:11-13
 - e) Matthew 6:34
 - f) Philippians 4:6-8
 - g) I Peter 5:6-7

4. When trying to overcome worry, why is it important to focus on today and not on yesterday or tomorrow?

5. What practical application are you going to make from this week's message? (*Share your decision with someone.*)
 - I am going to commit those things to prayer that are presently causing me to be anxious.
 - I am going to review all seven points of this message and see if there are areas where I am not trusting God.
 - I am going to memorize Jeremiah 29:11.

Cornerstone Baptist Church
Matthew 6:25-34
(Page 5 in the New Testament Pew Bible)

May 13, 2018
Study Series # 028

The Sermon on the Mount ***“Do Not Be Worried About Your Life...”***

I. Introduction

- A. A Message for Everyone!

- B. One Man's Cure for Anxiety
(See Proverbs 12:25)

- C. The Anxiety of Americans
(See Matthew 6:25; Matthew 6:34; Philippians 4:6)

II. Overcoming Worry

- A. God has the ABILITY to take care of all your needs.
(See Matthew 6:25; Mark 4:19; Psalm 139:14;
Jeremiah 32:27; Jeremiah 32:17; Mark 1:40)

- B. God CARES about all your needs.
(See Matthew 6:26; Psalm 104:27-28; Matthew 10:29)

C. Worry doesn't accomplish any meaningful PURPOSE.

(See Matthew 6:27; Luke 10:41; I Peter 5:7)

D. God cares more about the ETERNAL than He does the TEMPORAL.

(See Matthew 6:28-30; James 1:10-11; I Peter 1:24)

E. God KNOWS we have PHYSICAL needs.

(See Matthew 6:31-32; Matthew 7:11; Philippians 4:19)

F. God will take care of those who desire to HONOR HIM.

(See Matthew 6:33; Mark 10:29-30; I Timothy 4:8)

G. God will give us the GRACE we need for EACH DAY.

(See Matthew 6:34; Matthew 10:39; Psalm 127:2)

Passage of Study

Matthew 6:25-34

²⁵“For this reason I say to you, do not be worried about your life, *as to* what you will eat or what you will drink; nor for your body, *as to* what you will put on. Is not life more than food, and the body more than clothing? ²⁶Look at the birds of the air, that they do not sow, nor reap nor gather into barns, and *yet* your heavenly Father feeds them. Are you not worth much more than they? ²⁷And who of you by being worried can add a *single* hour to his life? ²⁸And why are you worried about clothing? Observe how the lilies of the field grow; they do not toil nor do they spin, ²⁹yet I say to you that not even Solomon in all his glory clothed himself like one of these. ³⁰But if God so clothes the grass of the field, which is *alive* today and tomorrow is thrown into the furnace, *will He* not much more *clothe* you? You of little faith! ³¹Do not worry then, saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear for clothing?’ ³²For the Gentiles eagerly seek all these things; for your heavenly Father knows that you need all these things. ³³But seek first His kingdom and His righteousness, and all these things will be added to you.

³⁴“So do not worry about tomorrow; for tomorrow will care for itself. Each day has enough trouble of its own.

III. Conclusion

If you would like to know more about what it means to be a Christian or if you would like to talk with someone or have someone pray for you, please see the pastor after the service.

All quotations are taken from the NAS Bible unless otherwise noted.
New American Standard Bible. Nashville: Thomas Nelson Publishers 1985.